

IN THE SUPREME COURT OF PAKISTAN

Human Rights Case No. _____/2018

PIMH, Lahore

REPORT OF COMMISSION

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Submitted by:

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PIMH, Lahore

REPORT OF COMMISSION

Respectfully Sheweth:-

In obedience to direction passed by the August Supreme Court of Pakistan, the undersigned after being appointed as Commission to visit Punjab Institute of Mental Health Lahore (PIMH, Lahore) and submit a report regarding the present condition of the PIMH, Lahore and also make suggestions for improvements / revamping of the same.

The undersigned visited the PIMH Lahore thrice and also accompanied the Honourable Chief Justice Mian Muhammad Saqib Nisar during his visit the PIMH, Lahore. The undersigned not only conducted physical inspection of the different wards of the PIMH, Lahore and departments of the PIMH, Lahore but also conducted detailed interviews with the patients, relatives and caretakers of the patients, doctors, nurses, attendants and para-medical staff as well as administration of the PIMH, Lahore. Punjab Institute of Mental Health, Lahore (PIMH, Lahore) in total can provide 1410 beds facility. Out of which 1000 beds are allocated for the male patients and 410 beds allocated to female patient. At present, due to the depilated condition of the building, 410 beds are non functioning. As an average about 1000 patients are admitted in the different wards of the PIMH, Lahore at one time and about 600-700 patients are attended at the out-door ward of the PIMH, Lahore. The emergency of the PIMH, Lahore consists of 30 beds, out of which 20 beds are allocated to male patient whereas 10 are allocated to female patients. The present condition of the buildings of the PIMH, Lahore are in miserable condition. In fact, funds have been misused or misappropriated during the renovation of the PIMH, Lahore in the year 2015, Rs.90 Million contract was granted to a contractor for up-gradation / renovation of the hospital. The

renovation / repair work at site were carried out against the sanctioned land and allocation of work as for PC-1 due to which, the inferior standard adopted the building of the PIMH, Lahore went from bad to worst instead of showing any improvement. Despite the fact that this came to the notice of the concerned administration neither any responsibility were fixed upon the contractor or the persons supervising the contract. Nor the building was upgraded. In the year 2017, revised PC-1 was submitted which was enhanced to Rs.180 Million but neither the said PC-1 has been approved nor the renovation / construction could be restarted therefore the PIMH, Lahore at present was functioning at a lesser strength of 1000 beds instead of the facility available for 1410 beds.

In the hospital, a 30 beds facility for addicts is available but the newly built up drug addiction building has not become functional because of non availability of the electric transformers and generators. Recently, a fund of Rs.80 Millions has been released by the Health Department as per the direction passed by this Honourable Court. Due to the announcement of election schedule, the fresh induction of the staff could not be completed and the said facility is not functional as yet.

There is acute shortage of medical doctors and other staff at the hospital. As per international standard, the ratio of doctors to patients, is one doctor for 10 patients. Similarly, one nurse for 10 patients and one attendant for 5 patient whereas at present, the total number of doctors working at the PIMH, Lahore is 74 which is much below the international standard. If the in-door, out-door and emergency patient are included, there is presently one doctor, one nurse and one attendant available for every 50 patients. The total allocated staff of the PIMH, Lahore consisting of doctors, medical staff, gazetted, non gazetted staff is presently 245. It is pertinent to mention here that the staff required for addiction ward is not included in these 245 seats. If the induction process of addiction ward consisting of 241 persons, it become functional. About 25 young doctors are working on adhoc basis for the last 5 years, who have not been made permanent as yet. The present M/s. Mudassar Hameed has recently been appointed. According organ-gram of the PIMH, Lahore, the M.S. also functions as Executive Director and AMS Chief Security officers or other are working under him.

INTRODUCTION

History of healthcare services for mentally ill patients in Pakistan can be viewed as before and after the Partition (1947) for convenience. Treatment for psychiatric patients by a medical doctor started with the arrival of Dr Honigberger. He belonged to Hungary and

worked as state physician to Maharaja Ranjit Singh in 1812. His services were initially limited to families and close relatives of notables. After the death of Maharaja Ranjit Singh, Dr Honigberger was appointed in charge of the gunpowder factory and was also asked to treat general patients at the city's General Hospital, then called Al-Shifa, located outside the Delhi Gate. Dr Honigberger set up a ward for psychiatric patients in this hospital. So the foundation was laid for future psychiatric services in this region. It was no less than an honour for the city of Lahore. It was named Central Lunatic Asylum, as written in the book 'Thirty Five years in the East' written by Dr Honigberger.

Later when the British took over Punjab Dr Honigberger transferred his 12 patients to Dr Smith, the district civil surgeon in Lahore. In 1854, Mr Robert Montgomery, the judicial commissioner of Punjab, floated the idea of building a mental PIMH, Lahore at the site where it stands today, but this could not be materialised for certain reasons. Those patients were kept on shifting at various places till 1900 due to various reasons. Till the new mental PIMH, Lahore was established at the present place the patients were given under the supervision of Col. Dr Ewen, a psychiatrist who was appointed as the first medical superintendent. This gentleman headed the PIMH, Lahore till his death in 1914. The PIMH, Lahore remained without a psychiatrist till 1922. Dr Lodge Patch took over as in charge of the hospital. Dr Patch, a psychiatrist worked hard to improve the prevailing conditions and added also new buildings. As a result, the number of patients increased to about 1400. A distinguished psychiatrist of his time, Dr Kraeplin, had also wished to come over here to complete his research during that period.

In 1947, at the time of independence the nation inherited three mental hospitals, one each at Lahore, Hyderabad and Peshawar. There were no qualified psychiatrists to take care of them. The first psychiatrist in a civil setup like that was Dr M. A. A. Aziz who single-handedly served people for years. The late '60s and '70s saw expansion of psychiatric health services throughout Pakistan and a new mental PIMH, Lahore was established in Dudyal. The only facility for psychiatric patients in this part of world starting in 1900, turned into Government Mental PIMH, Lahore and was renamed "Government PIMH, Lahore for Psychiatric Diseases" in 1996. The old governing law for these patients "Lunacy Act of 1912" was replaced by "Mental Health Ordinance" in 2001. The PIMH, Lahore was converted to "Punjab Institute of Mental Health, Lahore" in 2002. Number of staff was increased and new facilities were added to improve services.

- This is the largest Psychiatric health facility in Pakistan with bed capacity of 1400 (1000 for males and 400 for females).
- It used to be governed under Lunacy Act 1912 with the status as asylum.
- In 2001 Lunacy Act 1912 was replaced with Mental Health Ordinance thus giving it the status of Mental Health facility.
- This institute has passed through various phases of nomenclature from the well known mental PIMH, Lahore to psychiatric diseases PIMH, Lahore and now the Punjab Institute of mental Health.
- This institute is providing indoor, OPD & Emergency services not only to the patients of the province but to the patients of other provinces and Azad Jammu & Kashmir and FATA.

- Providing Emergency Services round the clock.
- Providing total custodial care including free boarding and lodging facilities.

2. HISTORICAL BACKGROUND OF PIMH

Evolutionary Stages

1840	Dr. Honigberger Hungarian, Psychiatrist started Psychiatric treatment of notable of Maharaja Ranjeet Singh in Alshifa PIMH, Lahore outside Dehli Darwaza Lahore.
1854	Robert Montgomery Judicial Commissioner of Punjab floated an idea of construction of Lunatic asylum at the present place. But patients were still kept in asylum near old campus of Punjab University having 150 beds.
1894	construction of New Mental PIMH, Lahore started on present donated land.
1900	Mental PIMH, Lahore was constructed and doors opened under the supervision of Dr. Even, Psychiatrist, appointed as 1 st M.S. and he served till his death which took place in 1914. The PIMH, Lahore was put on World Map for the first time. THIS LUNATIC ASSLYUM SPREAD ON 172 ACRES OF LAND.
1922	The PIMH, Lahore remained without psychiatrist till 1922 when Dr. Lodge Patch took over the charge of the PIMH, Lahore who added new blocks increasing its capacity to 1400.
1947	Only 3 hospitals, Lahore 1400 beds, Hyderabad of 240 beds and Peshawar of 150 beds.
1955	Dr. M.A.A. Aziz was the 1 st Civil Psychiatrist single handedly served this institute for many years.
1985	Female Section of the PIMH, Lahore shifted from the present site of PIC to inside the boundary wall. Nursing hostel & residences of the Staff.
1996	Named as govt. PIMH, Lahore for Psychiatric Diseases.
2002	Renamed as Punjab Institute of Mental Health on Governor's Directive
2007	New Emergency Block become operation.
2010	Establishment of Female Rehabilitation Centre, Up-gradation of Pathology Lab. Through donations.
2012	Restoration of PIMH Façade (Gate) by Archeology Department by Chief Minister's grant.

- 2013-14 Establishment of 100 Bedded State of the Art Treatment Centre for Drug Addicts at PIMH, Lahore (Under Progress)
- 2014 Up-Gradation of PIMH (Under Progress).

3. MAGNITUDE OF MENTAL HEALTH PROBLEM

Global Situation.

- In a study of Global Burden of Disease by WHO (year 2014) 450 million people were found to be suffering from Mental ailments. Most of them suffer from drug related problems along with other major psychiatric illness.
- It is estimated that by the year, 2020, Depressive Illness would be the 2nd largest contributor to the Economic Burden of Disease worldwide (WHO, 2002).
- Mental Illnesses are major causes of disabilities contributing 30% of total disabilities.
- Amongst top 10 conditions causing disability, 5 (Depression, Psychosis, MR, Epilepsy & Drug Abuse) are mental illnesses.

4. MENTAL HEALTH SITUATION IN PAKISTAN

- Pakistan has an estimated population of 14 million mentally ill patients.
- Pakistan has only one psychiatrist for every 200,000 people.
- Only three major psychiatric hospitals in the country (1) PIMH 1400-bedded (2) Sir Cowas Ji Institute of Psychiatry, Hyderabad 300-bedded and (3) Peshawar Mental PIMH, Lahore 100-bedded and small units comprising of 20-beds in DHQs Sialkot and R.Y. Khan and teachings hospitals.

5. MAGNITUDE OF DRUG ADDICTION IN PAKISTAN

Situation in Pakistan

- There are about 6-Million drug Addicts in Pakistan. Most of them develop psychosis. (Report on Drug use in Pakistan 2014 a collaborative research effort between the Government of Pakistan's Ministry of Interior and Narcotic Cotnrol, Pakistan Bureau of Statistics, and the United Nations Office on Drugs and Crime).
- Now we see not only chronic schizophrenia, mania, affective disorder & drug addiction but also anxiety, obsessive compulsive disorders, depression, conversion disorder, PTSD & PD as public health problems.
- Socioeconomic factors, terrorism, natural calamities, illiteracy, occupational hazards and demanding life style, poverty, joblessness, breakdown of family

systems, undue torture, over ambitiousness and lack of recreational facilities are few important contributing factors of drug dependence / mental diseases.

6. OBJECTIVE OF PIMH LAHORE

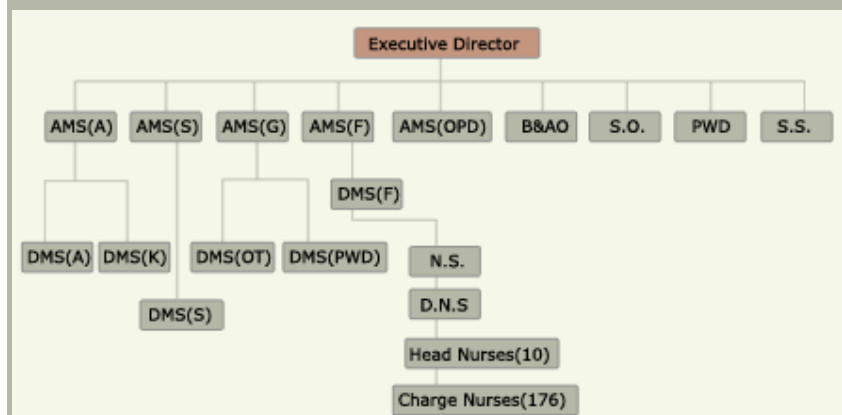
- To provide better health care services and facilities to mentally ill patients enabling them to be acceptable, useful and productive member for the family and safe for themselves and the community.
- To provide psychiatric services in Province through various community awareness programs.
- To provide community mental health through lectures, outreach programs, seminars etc.
- To lessen the burden of caregivers of psychiatric patients by providing free consultation, free medication (indoor and OPD) and rehabilitation.
- To provide psychological assessments and counseling facilities.
- To provide free diagnostic facilities through pathology, radiology and EEG department.
- To provide forensic psychiatric facilities. To provide internship training programs to students of various psychological and social work institutes.
- To provide research and development data.



ORGANIZATION

The presently organized setup is bifurcated functionally into Administrative & Clinical setups.

Administrative Setup



CLINICAL SETUP

Clinical setup, which is directly involved in providing health care services to mentally sick patients comprises the following Department:

- Emergency Department
- Out Patient Department
- In-door Departments (Admitted Male & Female Patients)
- Unit-A (M&F)
- Unit-B (M&F)
- Unit-C (M&F)
- Unit-D (M&F)
- Unit-E (M&F)
- Male & Female Special Care Units
- Psycho-geriatric Ward.
- EEG Department
- ECT Department
- Dental Out Patient Department
- Rehabilitation Unit (M&F)
- Addiction Unit (M&F)
- Occupational Therapy Unit
- Private Ward
- Clinical Psychology Department
- Nursing Care Setup
- Kitchen
- Laundry
- Pharmacy Department
- Continuing Medical Education Programme
- Supportive Services

STAFF OF PIMH

Following staff members are working in the Institute at present:

Sr. No.	Name	Designation
ADMINISTRATION		
01.	Dr. Mudassar Hameed	Executive Director
02.	Dr. Syed Khalid Hussain	AMS (A)
03.	Dr. Maqbool Elahi	AMS (S) / DDO
04.	Dr. Iftikhar Hussain	AMS (K) / Incharge Laundry & Pathology
05.	Dr. Rana Mustafa Anwar	Purchase Officer / I/C O.T.U.
06.	Dr. Surriya Awan	PWMO / AMS (F)
07.	Dr. Khawar Abbas	DMS (A)
08.	Dr. Nasreen Akhtar	APWMO
09.	Dr. Tahira Yasmeen	APWMO / AMS (OPD)
10.	Mr. Hamad Ali	B&AO
11.	Mst. Neelofar Shahzad	Nursing Suptd.
12.	Tariq Mehmood	Statistical Officer
13.	Muhammad Ilyas	Dy. Nursing Suptd.
14.	Mr. Shaukat Ali	Office Suptd.
EMERGENCY		
01.	Dr. Hamid Nawaz	APMO / Consultany Emergency
E.C.T. DEPARTMENT		
01.	Dr. Imran Shaukat	Medical Officer
RADIOLOGY DEPARTMENT		
01.	Dr. Fariha Sadaf	Radiologist
ADDICTION UNIT		
01.	Dr. Nauman Mazhar	Medical Officer
REHABILITATION CENTRE MALE		
01.	Dr. Shahid Rashid	APMO
REHABILITATION CENTRE FEMALE		
01.	Dr. Rukhsana Mehmood	APMO
FEMALE SPECIAL CARE UNIT		
01.	Dr. Arzo Riaz	WMO
MALE SPECIAL CARE UNIT		
01.	Dr. Muhammad Khalid Malik	MO

PSYCHOLOGY DEPARTMENT		
01.	Mrs. Imrana Bano Siddqui	Sr. Clinical Psychologist
02.	Dr. Iram Zohra Bukhari	Sr. Clinical Psychologist
03.	Ms. Aqila Unbrin	Clinical Psychologist
04.	Mr. Mubashar Ahmad	Clinical Psychologist
05.	Ms. Abia Nazim	Clinical Psychologist
06.	Mrs. Shumaila Jabeen	Clinical Psychologist
07.	Mrs. Saima Majeed	Clinical Psychologist
M.S.O.		
01.	Mrs. Ayesha Jawad	MSO
02.	Ms. Aqsa Rafiq Chaudhry	MSO
03.	Ms. Nadia Akram	MSO
04.	Ms. Dur-e-Najaf	MSO
05.	Ms. Faiza Mumtaz	MSO
PATHOLOGY DEPARTMENT		
01.	Dr. Iftikhar Hussain	APMO / I/C Pathology
DENTAL SECTION		
01.	Dr. Kaleem Ahmad Saddiqui	Principal Dental Surgeon
02.	Dr. Rabia Tufail	Dental Surgeon
PG WARD		
01.	Dr. Faheem Ahmad Rasheed	APMO
PHARMACY DEPARTMENT		
01.	Mr. Farooq Bashir Butt	DDP
02.	Mrs. Shazia Anwar	DDC
03.	Mr. Azeem Butt	PIMH, Lahore Pharmacist
UNIT-A		
01.	Dr. Tariq Aziz	Consultant Psychiatrist
02.	Dr. Shahid Raza	APMO / Registrar
03.	Dr. Rubina Bashir	APWMO
04.	Dr. Nazish Nasim	SWMO
05.	Dr. Zubaida Afzal	SWMO
06.	Dr. Babar Ali.	APMO
07.	Dr. Ashfaq Hameed Butt	SMO
08.	Dr. Ishrat Abbas	MO
09.	Dr. Basit Ijaz	MO
10.	Dr. Iqtadar ul Hasan	MO
UNIT-B		

01.	Dr. Imran Afzal	Senior Consultant Psychiatrist
02.	Dr. Pervaiz Ahmad	Consultant Psychiatrist
03.	Dr. Rana Afzal Aftab	APMO
04.	Dr. Hamid Khalil	SMO
05.	Dr. Hamid Mehmood Gaba	APMO
06.	Dr. Samina Naz	APWMO
07.	Dr. Khalid Mehmood	SMO
08.	Dr. Azra Perveen	SWMO
09.	Dr. Nasir Ali	MO
10.	Dr. Munaza Niazi	WMO
11.	Dr. Shamim Rafiq	WMO
12.	Dr. Muhammad Waqas Rabani	MO
UNIT-C		
01.	Dr. Ragina Mehmood	Consultant Psychiatrist
02.	Dr. Tahir Safdar Cheema	APMO / Consultant Psychiatrist
03.	Dr. Muhammad Farooq Qazi	SMO
04.	Dr. Rafi Ahmad	APMO
05.	Dr. Samina Zubair	APWMO
06.	Dr. Riaz Ahmad	SMO
07.	Dr. Undleeb Arshad	WMO
08.	Dr. Babar Hussain	APMO
09.	Dr. Hannan Sarfraz	MO
10.	Dr. Ashiq Hussain	MO
11.	Dr. Mansoor Rashid	MO
12.	Dr. Humair Zulfiqar Saifi	WMO
UNIT-D		
01.	Dr. Tahir Pervaiz	Consultant Psychiatrist
02.	Dr. Muhammad Waseem	Consultant Psychiatrist
03.	Dr. Asif Akbar Khan	SMO
04.	Dr. Capt. Nisar	PMO
05.	Dr. Azra Hamid	APWMO
06.	Dr. Khalid Mehmood	SMO
07.	Dr. Mohsin Shaukat	SMO
08.	Dr. Ayesha Habib Butt	WMO
09.	Dr. Muhammad Nawaz Ameen	MO
10.	Dr. Farah Abaid Ullah	WMO
11.	Dr. Samra Iram	WMO

12.	Dr. Bushra Mohiyudin	WMO
13.	Dr. Sidra Naseem	WMO
14.	Dr. Shahid Mehmood	MO
UNIT-E		
01.	Dr. Aysha Mumtaz	Consultant Psychiatrist
02.	Dr. Zulfiqar Rizvi	SMO / Consultant Psychiatrist
03.	Dr. Sadaqat Ali Baloch	APMO
04.	Dr. Kamran Ijaz	SMO
05.	Dr. Nusrat Jabeen	APWMO
06.	Dr. Anjum Anwar	SMO
07.	Dr. Sehrish Zafar	WMO
08.	Dr. Faiza Zahoor	WMO
09.	Dr. Shafqat Fatima	MO
10.	Dr. Mehmood Jillani	MO
11.	Dr. Atta ur Rehman	MO



DEPARTMENTS

Following departments are efficiently working to provide care for psychologically disturbed people round the clock.

- Emergency Department
- Out Patient Department
- In-door Departments (Admitted Male & Female Patients)
- Unit-A (M&F)
- Unit-B (M&F)
- Unit-C (M&F)
- Unit-D (M&F)
- Unit-E (M&F)
- Male & Female Special Care Units
- Psycho-geriatric Ward.

- EEG Department
- ECT Department
- Dental Out Patient Department
- Rehabilitation Unit (M&F)
- Addiction Unit (M&F)
- Occupational Therapy Unit
- Private Ward
- Clinical Psychology Department
- Nursing Care Setup
- Library

BASIC FACILITIES CURRENTLY AVAILABLE:

Emergency

Emergency Department is being run under supervision of Additional Medical Superintendent (Emergency) & is Headed by Consultant Psychiatrist (Emergency) with 03 Emergency Medical Officers and is providing round the clock services to psychiatric patients who report to the Department at any time of the day. Para Medical and lower staff is also available for assistance. Medicines are provided free. It has also got an In-door facility consisting of 10-beds for the patients who need admission or have to be kept under observation for assessment / treatment. Building of Emergency Department is a double story building and it is also housing pathology laboratory and EEG Department.



Outdoor

Emergency Department is being run under supervision of Additional Medical Superintendent (Emergency) & is Headed by Consultant Psychiatrist (Emergency) with 03 Emergency Medical Officers and is providing round the clock services to psychiatric patients who report to the Department at any time of the day. Para Medical and lower staff is also available for assistance. Medicines are provided free. It has also got an In-door facility consisting of 10-beds for the patients who need admission or have to be kept under observation for assessment / treatment. Building of Emergency Department is a double story building and it is also housing pathology laboratory and EEG Department.



Indoor Departments

Indoor Departments consist of following:-

- Five main Psychiatric Units. A,B,C,D,E. Each unit sub-divided into Male & Female Ward.
- Special Care Units (Both Male & Female)
- Rehabilitation Units (Male & Female)
- Addiction Units (Male & Female)

• Main Psychiatric Unit :
Each psychiatric unit has got about 180 beds for male & female patients. Each unit is staffed with Two Consultants, One Registrar & 04 to 05 Medical Officers / Women Medical Officers assisted by Para Medical & Lower Staff. Most of the admitted patient are those with psychotic features such as schizophrenia, mood disorders, un-control epileptics with psychotic symptoms.

- Special Care Units (Both Male & Female):

These units are meant for patients who suffer from any physical illness while they are being treated in psychiatric units.

- Diagnostic Facilities are also available and consist of Pathology Lab., Radiology Department, EEG Department, ECG Facility, ECT Department, Dental Department & services of Clinical Psychologists are also available for Psychometric assessment and Psychotherapeutic Intervention.

Rehabilitation Units (Male & Female)

Rehabilitation Services are also available for both Male & Female patients in the Institute. These have been started for reintegration of Psychotic patients when they regain insight or their illness has been controlled.

For male patients both Indoor & Outdoor games are available. These facilities are being provided to the admitted patients, unit wise as well as collectively. For example Luddo, Karam Board, Table Tennis as Indoor Games and Cricket, Basketball, Volleyball, Badminton etc. as Outdoor Games. A Library is also available for patients who are literate. Different types of sport events are being conducted in routine and annually. Both enter-word as well as with teams of different special people such as Fountain House and residents of Social Welfare Complex. Teams of our patients also participated in Para Olympics and won

trophies and prizes on good performance.

During evening time patients are encouraged to participate in recreational activities like watching T.V., listening Music etc. as part of Rehabilitation process Female patients are involved in Sewing Cloths, Embroidery & making Decoration pieces are various types.

Occupational Therapy is an integral part of rehabilitation activities. For this purpose an Occupational Therapy unit has been established for both Male & Female patients, where job skills are taught to the patients practically, to make them useful and productive member with earning hands for their families. These skills include Weaving, Woodwork, Tailoring & Black Smith's work. **Agro-Therapy Unit** has recently been started for patients with rural background. Patients work here to grow vegetables and fruity plants which are utilized by the in-patients. In this way every inch of the land is being utilized for welfare of the patients.

7. SERVICES

Institute provides specialized health care round the clock.

1. Emergency Department

Providing emergency services round the clock. It has 10-bedded facility for observation, assessment & treatment.

- Lab. For routine tests
- Electro Encephalography (EEG)
- Electro Cardiography (ECG)
- Library

2. OPD Block

- On an average 600 to 700 patients attend the OPD daily where they are provided free medicines / expensive depot injections.
- Radiology Department for facility of X-ray & Ultrasound.
- Well equipped Dental Department
- Social Services project.

3. 5 Unit for Indoor Patients (Male & Female)

- Unit-A, B,C,D,E
- Psycho-geriatric Ward
- 30-bedded Rehabilitation Unit
- Occupational Therapy Section
- Special Care Unit for medically sick patients (Male & Female)
- ECT Department
- Male & Female Rehab

4. Forensic Services

- Doctors Teams headed by Psychiatrists visit the jails on fortnightly basis.
- PIMH gives services to all medico-legal cases referred by the courts / other Government Departments through Board of Certification whose meeting is held on monthly basis.

5. Allied Departments

- Laundry Plant
- Kitchen
- Stores (Medical, General, Linen, Stationary & Chemical)

- Occupational Therapy Section
- Sports Activities
- Barber Shops.

8. INTERNSHIP

- Students of following categories of different universities from all over Punjab, coming for training & completion of thesis / dissertations / projects

Graduate And Postgraduate

- Medical students
- Clinical / applied psychology students
- Sociology students
- Nursing students

9. PATIENT'S STATISTICS

Year	Total admission	Total patients treated in OPD	Total patients treated in Emergency Dept.	Total discharged pts.
2002	4672	79514	2622	4548
2003	3861	99955	2401	3930
2004	3951	100738	2984	3997
2005	3593	105784	2917	3622
2006	3119	108801	3390	3111
2007	4025	112141	3758	3842
2008	4569	121856	6022	4412
2009	4860	121993	10517	4815
2010	5433	118999	12578	5223
2011	5552	111123	17512	5343
2012	5769	118861	17031	5537
2013	5466	127781	17338	5273
2014	4686	151131	16053	4750
2015	3937	161837	12524	3959
2016	3440	179635	6880	3460
2017	3292	197860	6702	3237

10. ISSUES

- Vacant posts of Gazetted Staff (Consultant Psychiatrists, Doctors, Anesthetist, Radiologist, Pathologist and Physician, Clinical Psychologists) to be filled.
- Vacant posts of Paramedical Staff to be filled.
- Risk Allowance for the Staff Working in Punjab Institute of Mental Health.
- Provision of Ambulances (2 Nos.)
- Provision of Split Air Conditioners 2-Ton (100 Nos.).
- Provision of 200 KVA Generators (2 Nos.)
- Provision of more Funds for Purchase of Furniture & Beds.
- Provisions of Funds for the Maintenance and Repair of Generators & Air Conditions.
- Provision of Males Nurses (to be deployed on sensitive points and for evening and night duty considering the peculiar nature of patients of this institute).

- Creation of law Officer Post at PIMH, Lahore.
- Creation of law Officer Post at PIMH, Lahore.
- Creation of Bio Medical Engineer Post at PIMH, Lahore.
- It may be recognized for FCPS / MCPS / DPM Training.
- Review of Yardstick Criteria for Non-Gazetted Staff.

11. POINTS FOR REVAMPING OF PUNJAB INSTITUTE OF MENTAL HEALTH, LAHORE

- **Status of the Institute**
The institute should be declared as open PIMH, Lahore
- **Status as Teaching Institutes**
The Institute should be declared as teaching Institute.
- **Adhoc Doctors working in this Institute**
The doctors working in this Institute should be regularized and posted in this Institute.
- **Vacant posts of Physician, Pathologist, Anesthetist, Radiologist.**
The vacant posts should be filled.
- **Doctor Patient Ratio**
- **Review of Yardstick Criteria for Ward Boys and Ayas**
The Yardstick criteria should be reviewed for the improvement of the patient care.
- **Construction of new OPD Building**
- **Extension of the Emergency Department**
There are only 10 bedded Emergency Department. The emergency services provided round the clock.
- **Copies of Original PC-1 and Revised PC-1 for ADP Scheme titled “Up-gradation of Punjab Institute of Mental Health, Lahore”.**
- **Provision of 2-Nos. Ambulances.**
- **Provision of Split Air Conditions 1.5 Ton for the Wards.**
- **Provision of 2-Nos. Generators 200 KVA for the Emergency, OPD, Medical Store and Male Rehab. Unit.**
- **Provision of funds for the Repair and Maintenance for Air Conditions and Generators**
- **Provision of 2-Nos. Coasters for the recreation of the patients.**
- **Recreation funds for the Rehabilitation of the Patients.**
- **Provision of Funds for Security Cameras in this Institute.**
- **Sanction for the Male Nurses Posts.**
- **Psychiatric Allowances for the staff working in this institute.**
(The stabbing of two doctors by a patient in 2006 in OPD and many times patients slapped the staff working in this Institute)
- **The copies of Proposed PC-1 are attached**
- Musafar Khana for the attendants of the patients.
- Establishment of two vocational rehabilitation centre for male and female.
- Establishment of Child Psychiatry Unit.
- Construction of sports Complex.
- Estate of the Art, Medical ward should be built at the PIMH, Lahore presently the indoor patients at the PIMH, Lahore are being looked after by one medical doctor with regard to their general complaints. In case of serious ailments, the patients are transferred to other PIMH, Lahore where due to nature of their illness, they are trouble some for the other patients.

- The patients coming to the PIMH, Lahore whether in the out-door / indoor should be provided free medicine and clinical investigations / tests which for the time being is not perfect.
- The quality of the food being provided to the patients needs to be improved and the menu also needs or reconciliation.
- There is no special force available at the PIMH, Lahore which or trained to deal the patients of mental illness. In case of become their violent, they are dealt with ordinary manner by the staff of the PIMH, Lahore whereas this requires for special treat.
- Specially trained staff is required at the PIMH, Lahore to transport and bring the patients in case of emergency from their home to the hospital. At present, no such facility is available and relatives of the patients are asked to bring the patients to the PIMH, Lahore on their own seeking help from the police. Which is not easy to get and in any case, these violent patients suffering from acute problems are not very easy to handle and bring them to the Hospital. In this connection, special trained staff needs to be employed by the PIMH, Lahore and they should also be provided to ambulances for this purpose only.
- In advance countries, to tackle the such situation, the police squad consisting of specially trained peoples to deal with patients from suffering mental illness who go to the patients house in special vehicles and rescue them to hospital.
- The security at the PIMH, Lahore is not upto the mark. To deal with any unpleasant situation, security arrangements needs to be proved. CCTV, walky talky, walk through gates and other security equipments should be provided at the hospital.
- A special help line should be established at the PIMH, Lahore where all the information should be provided.
- The meeting places and the arrangement at the meeting places are much to be desired.
- There is no provision for patients of under 18 age at the PIMH, Lahore and such patients are admitted in ordinary hospitals. There is need to be established a special children ward at the hospital.
- For the prisons and jail inmates, special service of the psychologist and psychiatrist is required for their counseling to make them useful citizens, once they come out after serving their term. This reformatory process is not available in Pakistan's prisons. At the hospital, a special staff consisting of aforementioned experts should be developed so that they may go to prisons for counseling.
- There is rumour in the air that the property underneath the PIMH, Lahore is going to be used for some other purpose then the Trust Deed by which it has specifically been donated for patients suffering from mental illness. This humbly submitting will be against the intention of the original donees and unlawful. In any case, the land is required for future extension of the hospital. It is recommended that planning should be done and steps should be taken to construct new building well equipped to cater the needs of PIMH, Lahore as the present buildings have become very old and their renovation or re-modeling cannot serve the purposes as those have outrun their life already.
- It is recommended that the record pertaining to the ownership of the land underneath of the PIMH, Lahore should be summoned from the relevant departments to ascertained and preserve the title of the PIMH, Lahore property once for all.
- The present facility of 1410 beds is the same as it is existed about 80 years ago whereas the population of the country and number of peoples suffering from mental illness have increased manifolds. This PIMH, Lahore needs extension to need the requirements of the present times and there is absolutely no doubt about it.

- The PIMH, Lahore should hold seminars, workshops and run awareness campaigns with regard to the peoples suffering from mental illness and as a result of this many peoples will come forward to make donations for this noble cause and this fund raising will help for future extension.
- The refresher courses for imparting the latest knowledge and capacity building of the staff of the PIMH, Lahore should be a continuing phenomena.
- The contract staff should immediately be confirmed so that they could whole heartedly and with mental ease can provide their services.
- Mobile services should be established at PIMH, Lahore and medical camps should be held at far-flung areas.
- A Monitoring team / supervisory committee should be established to look-after the affairs of PIMH, Lahore on permanent basis.
- A list of vacant posts of gazetted and non gazetted staff at PIMH Lahore as on 09.05.2018 is attached herewith. These vacancies should be fulfilled immediately on merit basis.

Submitted by:

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